

2019 UPCRA Spring Conference Agenda



Monday Evening, March 18th

- 5:00-5:30 pm **Registration**
- 5:30-6:30 pm **"Managing Diabetes in the Rehab Setting"**
Donna Amundson, RN, CDE
- 6:30-7:00 pm **"Dexcom – Zero Fingersticks!"**
Stacy Breidenbach, DexCom-Territory Business Manager
- 7:00-7:10 pm **Break/Vendors**
- 7:10-8:30 pm **"ITPs and SET PAD" - Best Practices Panel**
UCPRA Board
- 8:30-10:00 pm **Social/Vendors**



Tuesday, March 19th

- 6:00-7:00 am **"Yoga for Heart Health"** (Please bring your own mat)
Emily Hoffmann, MA, ACSM-RCEP & CEP, NSCA-CPT, CCRP, NETA Yoga and Pilates Instructor
- 7:15-8:00 am **Breakfast/Vendors**
- 8:00-9:00 am **"PAD...From Epidemiology to Supervised Exercise Therapy"**
Dr. Steven Keteyian
- 9:00-10:00 am **"rEF, pEF, and VAD's....OH MY!"**
Steven Keteyian, PhD, FAACVPR, FASCM
- 10:00-10:30 am **Break/Vendors**
- 10:30-11:30 am **"LVAD Management in the CR Setting"**
Sarah Schettle, PA-C, MCSO Coordinator
- 11:30-1:00 pm **Lunch**—Sponsored by ND Beef Commission
Business Meeting/Vendors Open
- 1:00-2:00 pm **"Evidence Based Tobacco Cessation Interventions"**
Dr. Thulasee (Tulsi) Jose, MD, Mayo Clinic
- 2:00-2:15 pm **"Life with an LVAD...a personal journey with PPCM"**
Laura Huber, PT
- 2:15-2:30 pm **"Journey from LVAD to Transplant"**
Monte Reiner
- 2:30-3:00 pm **"Harmonicas for Health"**
Darcy Ellefson, RRT, AE-C
- 3:00-3:15 pm **Break**
- 3:15-4:15 pm **"High Intensity Interval Training"**
Kayla Dressler, MS, ASCM-RCEP
- 4:15-4:30pm **Program Wrap Up, Evaluations, & Vendor Card Prizes**



This Event brought to you by the UPCRA Education Committee:
*Karen Drader, Darcy Ellefson, Theresa Ferdinand, Marlys Fisher,
Teresa Hauser, Bradley Hintermeyer, Emily Hoffman, Teri Kavanaugh,
Myrna Lakner, Kindal Malehorn, JoLynne Niemeyer, & Ashley Wendler*

